A Course

in

Abundance

&

Happiness

**JOURNAL**

**Part 21**



**with**

**PeggyLee Hanson**

**based on the works of**

**Charles Haanel, *The Master Key System***

Copyright © 2023 PeggyLee Hanson. All rights reserved. No portion of this book may be reproduced mechanically, electronically, or by any other means, including photocopying, without written permission of the publisher. It is illegal to copy this book, post it to a website, or distribute it by any other means without permission from the publisher.

**Limits of Liability and Disclaimer of Warranty**

The author and publisher shall not be liable for your misuse of this material. This book is strictly for informational and educational purposes.

**Warning – Disclaimer**

The purpose of this book is to educate and entertain. The author and/or publisher do not guarantee that anyone following these techniques, suggestions, tips, ideas, or strategies will become successful. The author and/or publisher shall have neither liability nor responsibility to anyone with respect to any loss or damage caused, or alleged to be caused, directly or indirectly by the information contained in this book.

 Who is PeggyLee Hanson and why should you listen to her?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, “As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. “

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of [Courageous Women Publications](http://www.courageouswomenpublications.biz/), a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

[**Email**](mailto:peggylee@peggyleehanson.com)[**Website**](http://www.peggyleehanson.com) [**Facebook**](http://facebook.com/PeggyLeeHanson)[**LinkedIn**](http://linkedin.com/in/peggyleehanson)[**YouTube**](http://youtube.com/PeggyLeeHanson)[**Amazon**](http://amazon.com/author/peggyleehanson)

“You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering….Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude.”

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.

**The Master Key System 21:1-5**

“The real secret of power is consciousness of power.... and as we've become emancipated or freed from conditions we come into a realization of the unconditional. We have become free!”

Isn't this true of anything or any situation? Once you become aware you gain freedom never before experienced. Perhaps you were in a work situation or a personal relationship where your eyes were opened. The same goes for the Mind. Once it is freed from limitation and conditions set upon it, anything and all can be accomplished. What limits will you lift from your mind in order to gain the freedom you wish?

**The Master Key System 21:6-11**

Large ideas have a tendency to eliminate all smaller ideas so that it is well to hold ideas large enough to counteract and destroy all small or undesirable tendencies…. You also become conscious of a larger world of thought, thereby increasing your mental capacity as well as placing yourself in position to accomplish something of value.”

“Well, what's the big hairy idea anyway?” You may have heard that expression years ago. However, I'm asking you now what is your big hairy idea? I know you've been asked this question throughout this course, yet each time more detail shows up, yes? So once again record below your large idea in its most intimate detail.

**The Master Key System 21:12-18**

“t is, however, no easy matter to change the mental attitude, but by persistent effort it may be accomplished; the mental attitude is patterned after the mental pictures which have been photographed on the brain; if you do not like the pictures, destroy the negatives and create new pictures; this is the art of the visualization.”

In this moment what do you see in your future? Is it bills piling up? Is it wondering where College tuition will come from? How can you change those pictures, and into what you change them?

**The Master Key System 21:19-25**

“That we are in a period of transition is evidenced by the unrest which is everywhere apparent.”

Do you feel it? Nearly 100 years have gone by and Haanel’s words still ring true today. “...the Industrial, Political, and Religious world are calling anxiously to each other.” Will there always be unrest? Maybe. But remember your world within reflects the world without. What unrest, turmoil, are you now experiencing? How can you change that to bring about inner peace?

**The Master Key System 21:26-28**

“The Divine Mind makes no exceptions to favor any individual; but when the individual understands and realizes his Unity with the Universal principle he will appear to be favored because he will have found the source of all health, wealth, and all power.”

The exercise this week is to find Truth. Go into the Silence where it lives and breathes. It is all-knowing and all-encompassing. What is it that you know for sure? Record your findings below.

***You have come to the end of Part 21. Look at all the deep work you’ve accomplished! You’re doing great!***

***Breathe. Breathe. Breathe.***