A Course

in

Abundance

&

Happiness

**JOURNAL**

**Part 20**



**with**

**PeggyLee Hanson**

**based on the works of**

**Charles Haanel, *The Master Key System***

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 Who is PeggyLee Hanson and why should you listen to her?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, “As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. “

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of [Courageous Women Publications](http://www.courageouswomenpublications.biz/), a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

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“You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering….Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude.”

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.

**The Master Key System 20:1-6**

“...the scepter of power is consciousness, and thought is its messenger, and this messenger is constantly holding the realities of the invisible world into the conditions and environments of your objective world.”

Haanel goes on to say that, “The Secret of power is the perfect understanding of the principles, forces, methods, and combinations of Mind, and a perfect understanding of our relationship to the Universal Mind,” and that these principles are set, unchangeable. What do you know for sure? What principles are not up for negotiation?

**The Master Key System 20:7-12**

“…perception will come only in the Silence...you are a visualizing entity. Imagination is your workshop. It is here that your idea is to be visualized.”

What is your dream? What is it you desire most? Call it to mind in its fullest of form, and then, record the details below.

**The Master Key System 20:13-19**

“To become inspired means to get out of the beaten path, out of the rut, because extraordinary results require extraordinary means. When we come into a recognition of the Unity of all things and that the source of all power is within, we tap the source of inspiration.”

Oftentimes the ordinary, the everyday grind, gets old, out of whack, stops providing what you long for. “Extraordinary times call for extraordinary measures.” What might that be for you? Record your thoughts below.

**The Master Key System 20:20-24**

“We can live more abundantly every time we breathe, if we consciously breathe with that intention... so that every time we breathe we breathe this life, love, and spirit.”

Breathing is important. Yes, you use the process to fill your lungs with air, but breathing is also used as a centering mechanism for gaining equilibrium. And, as Haanel also says, the “opportunity of making a conscious connection with All Life, All Intelligence, and All Substance.” Sit for a few moments and concentrate on this connection, while monitoring your breathing. Then record your findings, feelings, and emotions below.

**The Master Key System 20:25-27**

“This ‘breath of life” is a superconscious reality. It is the essence of the ‘I am.’ It is pure ‘Being’ or Universal Substance, and our conscience Unity with it enables us to localize it, and this exercise the powers of this creative energy.”

This breath, this Power Of Consciousness, can be used to free yourself from disease, to remove any and all lack of limitation. In which areas of your life could this be useful to you? List them along with the why and the how you would accomplish these breaths.

**The Master Key System 20:28-31**

“The power to think consecutively and deeply and clearly, is an avowed and deadly enemy to mistakes and blunders, superstitions, unscientific theories, irrational beliefs, unbridled enthusiasm, fanaticism.”

You have a superpower living inside you. If you believe in God and all the power, healing, and miracles reside within Him, and you know that you are created in His image, and He is within you, that superpower is the exact same as yours. What are you going to do with it? How will you wield that power?

***You have come to the end of Part 20. Look at all the deep work you’ve accomplished! You’re doing great!***

***Breathe. Breathe. Breathe.***