# A COURSE

IN

ABUNDANCE

&

HAPPINESS

JOURNAL PART 18



with

**PeggyLee Hanson** 

based on the works of

Charles Haanel, The Master Key System

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#### WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, "As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. "

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of <u>Courageous Women Publications</u>, a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

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"You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude."

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.



Date		

The Master Key System 18:1-9

The whole world is on the eve of a new consciousness, a new power, and a new realization within the self."  It's true. The entire world, your world, is being changed right this very moment. How? Just buy you taking the time o invest in yourself, going through this book and these exercises. Recall where your thinking had been when you first began this journey. Record below how that thinking has changed your world thus far.				

My Thoughts	Date



Date		

## The Master Key System 18:10-15

"Thought is the invisible ink by which the individual comes into communication with the Universal, the finite with the
Infinite, the seen with the Unseen. Thought is the magic by which the human is transformed into a being who thinks and
knows and feels and acts."

You are the conduit, the apparatus that which carries the energy into creating substance. Remember that thought alone creates, it is the spark that ignites the flame. Sit with this for a bit. Record your thoughts, feelings, and emotions		
below.		

My Thoughts	Date

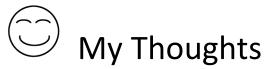


## The Master Key System 18:16-23

"The only belief which is of any valu	ıe to anyone is a belief that has been pເ	ut to a test and demonstrated to be a fact; it is
then no longer a belief, but has become	ome a living Faith or Truth."	

Think back to when you were a kid, wanting to ride a bicycle or swim like your friend's did. You may not have believed you ever could. However you put yourself to the test and became living proof you could ride and swim with the best of them. What do you see others do now that you'd like to achieve but don't believe you could? What if, though, you put yourself to the test once again? Record your thoughts below.					
ou put yoursen to the test office again. Record your thoughts below.					

My Thoughts	Date



Date		

# The Master Key System 18:24-28

'All of us are dynamos, but the dynamo itself is nothing; the mind must work the dynamo; then it is useful and its encan be definitely concentrated."	ierg <sub>.</sub>
Thought is the energy which the law of attraction is brought into operation, which eventually manifests in	
abundance.	

My Thoughts	Date

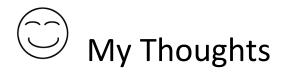


Date	

# The Master Key System 18:29-33

	Power depends upon consciousness of power, unless we use it, we shall lose it, and unless we are conscious of it we				
ca	nnot use it."  Generate your power to create; seek insight, perception. Find a logical basis for the faith in you.				

My Thoughts	Date



Date						

Y	ou have come to the end of Part 18. Look at all the deep work you've accomplished! You're doing great!
	Breathe. Breathe.

My Thoughts	Date