

A COURSE
IN
ABUNDANCE
&
HAPPINESS
JOURNAL
PART 15



with

PeggyLee Hanson

based on the works of

Charles Haanel, *The Master Key System*

Copyright © 2023 PeggyLee Hanson. All rights reserved. No portion of this book may be reproduced mechanically, electronically, or by any other means, including photocopying, without written permission of the publisher. It is illegal to copy this book, post it to a website, or distribute it by any other means without permission from the publisher.

Limits of Liability and Disclaimer of Warranty

The author and publisher shall not be liable for your misuse of this material. This book is strictly for informational and educational purposes.

Warning – Disclaimer

The purpose of this book is to educate and entertain. The author and/or publisher do not guarantee that anyone following these techniques, suggestions, tips, ideas, or strategies will become successful. The author and/or publisher shall have neither liability nor responsibility to anyone with respect to any loss or damage caused, or alleged to be caused, directly or indirectly by the information contained in this book.



WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, “As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. “

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of [Courageous Women Publications](#), a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

[Email](#) [Website](#) [Facebook](#) [LinkedIn](#) [YouTube](#) [Amazon](#)

“You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude.”

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.



My Thoughts

Date _____

The Master Key System 15:1-5

"We cannot obtain what we lack if we tenaciously cling to what we have."

What do you feel you lack in your life? What could you let go of in order to receive it? For instance, even though you have money in your checking account to pay the bills, you feel you don't have the money or resources for any other purchases. Therefore, you feel the lack of money in all things. Once you change that thinking to say, "I have more than enough resources, money, to do what I want when I want," you change the course of your direction. List below one or two major areas or things you feel you lack and how you can turn that around.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

The Master Key System 15:10-13

The first form which thought will find is language, or words; this determines the importance of words semi; they are the first manifestation of thought - - the vessels in which thought is carried.”

Oh, the importance of positive thinking resides here. But as I've said before, you cannot have positive thoughts without approaching and emotionalizing the negative thoughts first. If finding you still carry the negative, process those thoughts here and now below, and eventually, arriving at the positive thought.

Lined writing area with 30 horizontal lines for notes.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

The Master Key System 15:14-17

“We manifest more and more life as I thought becomes clarified and take higher planes... It is with words that we must express our thoughts, and if we are to make use of higher forms of truth, we may use only such material as has been carefully and intelligently selected with this purpose and view.”

What is next on your list to achieve? Are you clear on what you wish to manifest and how you wish to experience? in detail below, right out your desire.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

A series of horizontal blue lines for writing.



My Thoughts

Date _____

Lined writing area consisting of 30 horizontal blue lines.



My Thoughts

Date _____

A series of horizontal blue lines for writing.

