A COURSE

IN

ABUNDANCE

&

HAPPINESS

JOURNAL PART 15



with

PeggyLee Hanson

based on the works of

Charles Haanel, The Master Key System

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WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, "As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. "

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of <u>Courageous Women Publications</u>, a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

Email Website Facebook LinkedIn YouTube Amazon

"You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude."

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.



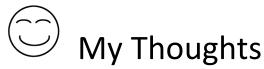
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The Master Key System 15:1-5

"\ <i>\</i> /o	cannot	ohtain	what we	lack if we	tanaciously	clina to	what we ha	WO"
VVC	CUITIOL	ODLUIII	WIIUL WE	IULK II WE	LEHULIUUSIV	LIIIIU LU	will we like	VC.

What do you feel you lack in your life? What could you let go of in order to receive it? For instance, even though you have money in your checking account to pay the bills, you feel you don't have the money or resources for any other purchases. Therefore, you feel the lack of money in all things. Once you change that thinking to say, "I have more than enough resources, money, to do what I want when I want," you change the course of your direction. List below one or two major areas or things you feel you lack and how you can turn that around.				

My Thoughts	Date



Date		

The Master Key System 15:10-13

The first form which thought will find is language, or words; this determines the importance of words semi; they are the
first manifestation of thought the vessels in which thought is carried."

Oh, the importance of positive thinking resides here. But as I've said before, you cannot have positive thoughts without approaching and emotionalizing the negative thoughts first. If finding you still carry the negative, process those thoughts here and now below, and eventually, arriving at the positive thought.			
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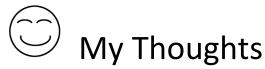
My Thoughts	Date



The Master Key System 15:14-17

"We manifest more and more life as I thought becomes clarified and take higher planes It is with words that we must express our thoughts, and if we are to make use of higher forms of truth, we may use only such material as has been carefully and intelligently selected with this purpose and view."		
What is next on your list to achieve? Are you clear on what you wish to manifest and how you wish to experience?		
detail below, right out your desire.		

My Thoughts	Date



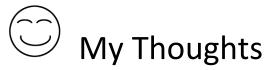
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The Master Key System 15:18-22

"Words are thoughts and are themselves an invisible and invincible power which will finally objectify themselves in the form they are given. Words may become mental places that will live forever, or they may become shacks which the first breeze will carry away."

How many times have you said that you wanted to do something and had not gone through with the action? Some say that misplaced intention is nothing but blowing hot air, or worse, crying wolf in the sense of no one will believe what you say if you continue to spout off without true will and desire to achieve your dreams and goals. How do you react to					
	n you recall times where				
fit in, or some othe	er reason? Write your the	oughts and emotion	ns below.		

My Thoughts	Date

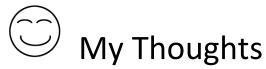


Date	

The Master Key System 15:23-28

There is a principle of Mathematics, but none of errorhealth, but none of diseasetruth, but none of dishonestylight out none of darknessand there is a principle of abundance, but none of poverty. How do we know this to be true?" In this section panel suggests several questions. "How shall we identify a vital fight? What are its distinguishing haracteristics? How should we identify principle?" Contemplate the answers and record your response below.				

My Thoughts	Date

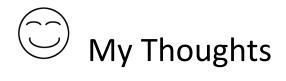


Date		

The Master Key System 15:29-36

"Insight must be exercised so that the thought which we entertain contains no mental, moral or physical germ which we do not wish objectified in our lives."				
The assignment this week calls you to sit in reflection of Insight, for it is a "product of the world within and is leveloped in Silence, by concentration." Record your findings below each time you sit in Insight.				

My Thoughts	Date



Date					

You have come to the end of Part 15. Look at all the deep work you've accomplished! You're doing great!
Breathe. Breathe.

My Thoughts	Date