A COURSE

IN

ABUNDANCE

&

HAPPINESS

JOURNAL

PART 7



with

Peggy Lee Hanson

based on the works of

Charles Hannel, The Master Key System

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WHO IS PEGGYLEE HANSON AND WHY SHOULD YOU LISTEN TO HER?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, "As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. "

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of <u>Courageous Women Publications</u>, a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

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"You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering....Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude."

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.

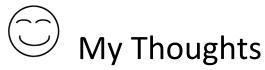


Date			

The Master Key System 7:1-4

" draw on the Infinite for your supply it will have to be there before it will ever appear anywhere else." As described in 7:2 and 3, create the image of what you desire with clarity and in every detail. Do not skimp on the			
details or edit.			

My Thoughts	Date



Date		

The Master Key System 7:5-13

" see the end before a single step is takenyou want to know what the harvest is to be. This is idealization." What is it that you want? What is the crop that will grow from the seeds you are planting? Perhaps, you want to have income equality between men and women. Or you may desire a world where children are not living on the streets. What is the change you wish to see? Explain in detail.					

My Thoughts	Date



The Master Key System 7:14-18

thoughtand the will The law of Growth brings manifestation." Sit with these words and all the words with in this section. And then begin writing, logging your every thought below						
for 15 minutes or	until the thoughts	come no more.	Remember to n	ot edit your resp	oonses.	

My Thoughts	Date



Date		

The Master Key System 7:19-23

give no thought to external conditions, make the world within beautiful and opulent" Now that you have determined the change you want to seeyour now-found causehow might your external vorld change, become abundant, if you concentrate solely on the cause and its effects, and not on the money or power eceived through your efforts?				

My Thoughts	Date

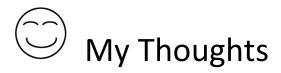


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The Master Key System 7:24-27

'Concentrate on things you want…Think of abundance; idealize the methods and plans for putting the Law of Attraction ''					
into operation." Examine where your thoughts and attention have been. Do you continue to grow in debt by adding debt? Are you eating habits out of control because deep down you are afraid that once you begin a diet you already feel the lack of foods you love to eat? What results do you wish to see in your personal life? How can you change your thoughts the					

My Thoughts	Date

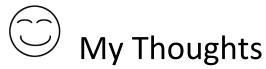


Date

The Master Key System 7:28-30

" thought is the fire that creates the steam that turns the wheel of fortune, upon which your experiences depend." Because obtaining what you desire is a lot of work, you may be inclined to shut down or choose to put off the wountil later. Yet, it is the concentrated work that will take you one step closer to what you want to accomplish. What of you do to ensure time is taken each day or as often as necessary to sit in thought to obtain the knowledge to solve the problem?					

My Thoughts	Date

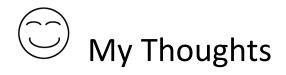


Date		

The Master Key System 7:31

visualize your friend, see the room, the furniture, recall the conversations, see his facetalk to him about some subject					
of mutual interest, see his expression change, watch him smile."					
As suggested, tell your friend, in the below writing area a story of adventure. Make the story come alive. Tell him					
perhaps, the vision you hold of your cause, and how it will change the world. Spare no details.					

My Thoughts	Date



Date					

You have come to the end of Part 5. Look at all the deep work you've accomplished! You're doing great!			
Breathe. Breathe.			

My Thoughts	Date