A Course

in

Abundance

&

Happiness

**JOURNAL**

**Part 4**



**with**

**PeggyLee Hanson**

**based on the works of**

**Charles Hannel, *The Master Key System***

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 Who is PeggyLee Hanson and why should you listen to her?

PeggyLee Hanson was thrown into the world of transition when Delta Airlines first merged with Northwest Airlines in 2009. She has since become an expert at helping others experiencing loss of any proportion, mentoring and guiding them through their journey with proven strategies, compassion, and support.

She says, “As a personal transition strategist, I inspire, encourage, support, and compassionately help individuals, especially women, suffering through change to quickly and easily attain the life of their dreams that they are meant - and deserve - to live. “

PeggyLee Hanson is an empowering Speaker in demand, multi-time Best-selling and International Author on Amazon.com, writing her own books and contributing to several others. She has been featured on the cover of yet another and quoted in a personal journal.

She is also CEO and Founder of [Courageous Women Publications](http://www.courageouswomenpublications.biz/), a subsidiary of Personal Transition Guidance, LLC, publishing works of entrepreneurs and individuals who desire to share a message or their expertise with the world. PeggyLee has combined her talents as writer and publisher with her coaching business. And that makes a winning combination for anyone who works with her. She has published more than 100 books and created over 50 best-selling authors.

PeggyLee is married to her husband of 40+ years; they have three grown children whose own families are expanding. She enjoys speaking, writing, reading, music, puzzles, board and card games, traveling, watching sports and, of course, people.

Connect with PeggyLee here:

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“You will see, you must see, that we are at the dawn of a new day; that the possibilities are so wonderful, so fascinating, so limitless as to be almost bewildering….Any man with a knowledge of the possibilities contained in the Master Key has an inconceivable advantage over the multitude.”

~ Charles F. Haanel

You can use as much or as little time necessary to contemplate. However, I would recommend to set aside at least an hour, to first read through the material in its entirety, and then go back to explore in detail any thoughts or feelings that bubble up. Use the journal provided to record your findings.

**The Master Key System 4:1-5**

“When you come into a realization of the true nature of this “I”, you will enjoy a sense of power which you have never before known.”

When you read that your personality, habits, and character traits do not make up the open quote capitalized and quote, how did you react? What emotions bubbled up? Describe in detail those reactions of items 1-5.

**The Master Key System 4:6-8**

“The trained mind knows that every transaction must benefit every person who is any way connected with the transaction... “

Bring to mind instances where a project may have not gone as you had hoped. Describe in detail what it was and how you might have changed the outcome by ensuring every person benefited.

**The Master Key System 4:9-12**

“…I can be what I will to be…let nothing, no one interfere; the “I” in you has determined, the thing is settled; the die is cast; there is no longer any argument.”

You may remember several occurrences where you started a project and just let it quit, stop, or end. With “I can be what I will to be,” describe in detail what that now is for you and how you will make it so.

**The Master Key System 4:13-18**

“...the “World Within” is controlled by the “I” and that this “I” is a part or one with the Infinite “I” which is the Universal Energy or Spirit, usually called God.”

When you control your world within, what differences, if any, do you notice from when you allow the world without to control? You may feel more at ease, stronger in your convictions, get more done at a faster rate, for instance. What are your thoughts concerning Lyman Abbott’s statement that God dwells in man, and not rule from the outside looking in? How did that settle (or not) with you? Record all your feelings.

**The Master Key System 4:19-21**

“To overcome does not mean to go without things. Self-denial is not success…The Infinite is not a bankrupt…”

“…not a bankrupt…” in the sense of unable to satisfy any just claims made upon you. If you want to be of service, you must have power. In order to get this power, you must bestow that same power unto others, thereby, being in service. Are you currently in service? How so? If not serving others, what could you do to be so?

**The Master Key System 4:22-25**

“The Universal cannot express through you as long as you are busy with your plans, your own purpose…seek inspiration…dwell in the consciousness of your unity with Omnipotence.”

At times, you may struggle, especially if you provide a service that fully addresses the meaning of the above quote. If you could develop a plan that would meet the expectation, that would be in complete service, without regard to your own benefit, what would that be? Describe in detail.

**The Master Key System 4:26-28**

“Thought is a mode of motion and is carried by the law of vibration, the same as light or electricity…in order to express power, abundance or any other constructive purpose, the emotions must be called upon…so that it will take form.”

The question is asked, in part, “How may this purpose be accomplished…how may we develop faith, the courage, the feeling, which will result in accomplishment?” If you are unsure how to answer, read the quote again, and then, write your thoughts as they come sans edit.

**The Master Key System 4:28-32**

“We think something, perhaps with difficulty the first time…we think it again and again…finally it becomes automatic…there is no longer any doubt…We know.”

It is now time for this week's exercise to let go. Return here after each time of practical execution to record your thoughts.

***You have come to the end of Part 4. Look at all the deep work you’ve accomplished! You’re doing great!***

***Breathe. Breathe. Breathe.***